



Family Service of Napa Valley Newsletter

June 2015

*Greetings!*



## Auction Napa Valley #ANV2015

Family Service of Napa Valley - Listed as one of the 2015 GRANTEES!

We are honored to be one of the Auction Napa Valley Grant recipients for 2015, standing alongside some of our partner organizations including NEWS, COPE,

Puertas Abiertas, Queen of the Valley and UpValley Family Center.

Since its inception in 1981, ANV has invested more than \$145 million into Napa County's nonprofit organizations including Family Service.

ANV has committed to ensuring that there is access to mental health services for all residents of Napa County, regardless of status. Their support makes it possible to have one of the lowest sliding scales available in the State of California ensuring those that need help have a place to go.

The mission of their annual community fundraiser is to use the worldwide reputation of Napa Valley wines to enhance the well-being of the Napa County community.

CHECK OUT THEIR NEW & IMPROVED website showcasing all the organizations they will be helping in 2015. [Click to explore](#)

**Auction Napa Valley's Giving Strategy:**

Invest deeply, rather than broadly, in the areas of community health and children's education to create a positive impact on our community. Our nonprofit partners serve residents in Napa County from American Canyon to Calistoga with programs as varied as Adult Day Services for those suffering from Alzheimer's disease, to programs using the latest technology to prepare English language learners for kindergarten.

**Dates:** June 4-7th

Sincerely,  
The Staff of Family Service of Napa Valley

---

## Community Partner Spotlight

Sidestreet Cigar, Luxury Lifestyle Boutique

"Supporting Family Service of Napa Valley was an easy decision, because I believe that each member of our community deserve access to mental health services and the opportunity to receive such support when needed. "

- Shawn Dougherty, Sidestreet Owner



### **Get to know Sidestreet**

Long synonymous with sophistication and prosperity, America's golden age represents an energetic, optimistic and thoughtful ethos in U.S. history. Sidestreet of Napa, California, a luxury lifestyle boutique, pays homage to the spirit of the 1950s and '60s with its meticulously curated bespoke clothing and men's accessories.

Shawn Dougherty, the shop's owner, affectionately recalls his grandfather's reverence for the era. "My grandfather was an airline pilot and would talk about the glory days and how people would dress while out in town or entertaining. I knew then I would like to build something representing those 'glory days,'" he says.

Sidestreet comprises two unique entities, a retail boutique, Sidestreet, and a private cigar club, The Sidestreet Club. A nostalgic respite, the stylish clothier and luxury brands purveyor offers a new perspective on tailor-made goods and experiences.

### **Contact**

760 Main St, Napa, CA 94559  
(707) 254-7900

### **Hours**

Monday thru Saturday: 11am-7pm, Sunday: 12pm-5pm

**SIDESTREET**  
FINE CIGARS & LUXURY ACCESSORIES

*We are Officially on Twitter*



At FSNV, we can no longer deny that Twitter is one of the hippest places to be in the social media world, especially for non-profits like ourselves - social media has proved to be a powerful tool for us to communicate our organization's message and to keep our supporters informed. We often provide up-to-date content and articles about advances in mental health, new programs and services offered through our organization, fundraising events, community highlights and ways to get involved.

It has also been a space where we can support our partners missions, events and services. Having a strong online presence is especially important for us, because we rely heavily on our supporters.



THE CRUSHER WINE DISTRICT PRESENTS...

# CRUSHER GAMES II

WINE - GAMES - PRIZES - FOOD - CONCERT

JUNE 20TH - 21ST, NAPA CALIFORNIA

Crusher Games II. A CRUSHER WINE DISTRICT  
Wine Hopper Weekend, June 20-21, 2015 - 10am-5pm

[PURCHASE TICKETS TODAY](#)

Enter promotional code, **HUMANITAS**, and receive **20% off** your ticket price. A portion of Humanitas wine sales proceeds from the event will benefit Family Service of Napa Valley.

## *Older Adults Program*

Family Service Assists Seniors to Overcome Current Life Challenges



The Older Adults program of Family Service of Napa Valley offers mental health services for seniors throughout Napa County, with sites in Napa and Calistoga.

Seniors are a growing population in Napa Valley who have often been underserved and undertreated for mental health concerns. This population has not traditionally sought out services for themselves - much of the time their depression and anxiety goes unnoticed for years before healthcare providers or others are made aware of their suffering. This program provides much needed mental health services to the Napa Valley.



### **Eligibility**

65+ with Medicare

60+ with both Medicare & Medi-Cal Insurance

For more information, please contact Catherine Mahler, PhD at 707.254.7538 or Marti Palmer, MFT at 255-0966 ext.16

---

## *Engagement in the Community - Upcoming Events*

Staff and Board Members will be volunteering at [Auction Napa Valley 2015](#). We are honored to be part of this famed weekend of events and activities that brings visitors from all over the world. We enjoy the chance to meet the winners of the live auction lots and help put a face to all the causes that ANV has supported all these years in Napa County.

### **Family Service Of Napa Valley Presents a Community Presentation on CRM**

**When:** Friday, July 10, 2015

**Time:** 10AM-11:30 AM

**Location:** Queen Of the Valley, Meeting Room 2 & 3

**No cost**

**About:** This presentation is to learn about the CRM (COMMUNITY RESILIENCY

MODEL) that uses wellness skills to reduce stress. Agency staff and community members are encouraged to attend to learn ways this model can be integrated into their programs.

**Contact:** Call Rocio at 251-2034 for more information.

---

## *Our Mission*

Family Service of Napa Valley has been in the community 64 years strong and is the only agency providing bi-lingual, professional mental health services throughout the County to people of every age, stage and income level.

At Family Service we believe equipping our residents with the tools necessary to live emotionally healthy and stable lives; creates a community of enduring strength.

Each day our staff of clinicians works to counsel, support and coach those who need help overcoming the hurdles that life can throw at all of us. Everyone needs a little support at times and without us, people throughout the valley may needlessly suffer in silence.

If you are in need of help, Napa Residents can call Family Service's bilingual intake coordinator, Marissa Martinez at 707.266.1467.

---

## *2015 Board Members*

**Board President:** *Kathryn Winter*, M.Ed.

**Board Vice President:** *Elizabeth Healy*, Director of Government Relations,  
The Doctors Company

**Board Treasurer:** *Elizabeth Hawkins*, Senior Staff Accountant, G&J Seiberlich & Co  
LLP

**Board Secretary:** *Carrie Hays*, Organizational Consultant/Trainer, The Halle Group

### **Board Members:**

*Christopher Barefoot*, Vice President of Public Relations,  
Opus One

*Ernie Heine*, Heine & Associates Electrical Engineers

*Pete Krammer*, Managing Partner of ELA Consulting Group

*Sarah Moore*, Director of Brand Strategy , Mission Minded

*Vanessa Luna Shannon, Director, Gateway to College,  
Santa Rosa Junior College*

**Advisory Board:**

*Geni A. Bennetts, M.D.*

*Gary Lieberstein, District Attorney*

*Brad Wagenknecht, Napa County Board of Supervisors*



*Kathryn Winter  
Board President*

*Donate Today*

[Click Here to Support Our Efforts](#)

