



Family Service of Napa Valley Newsletter

August 2015

## *Greetings!*

On August 24, 2014 Family Service was among numerous downtown businesses and agencies to lose use of its building. Within three months after the quake, we had finished reconstruction, reopening our doors and inviting back our clients to continue receiving services at the main clinic on 709 Franklin Street.

But what a difference a year can make! We didn't let the earthquake slow us down from our mission to provide professional mental health services to people of every age, stage and income level. In the past year we have adopted a new strategic plan to set our sights on smart growth for better impact throughout the County, particularly as the Affordable Care Act makes mental health services more accessible. We've brought all our Napa-based clinicians under one roof in our new location at 1700 Second Street, streamlining our operational efficiency and creating a welcoming space for clients. Our clinicians Up Valley remain in their offices at Up Valley Family Resource Center and Ole Health. We've created a new post of Deputy Director to support our Executive Director as we continue to broaden our scope throughout Napa County. With community support, we've added a full time intake coordinator, which means shorter time on a wait list for residents to get the help they need.

All these investments support our belief that equipping our residents with the tools

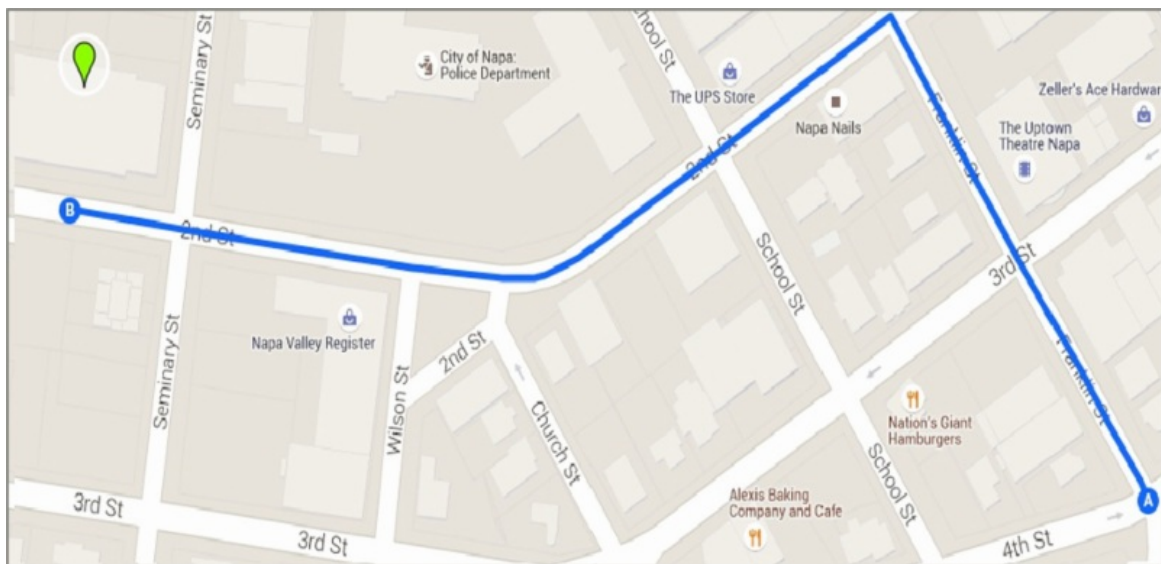
they need to live emotionally healthy lives creates a community of enduring strength. We're so pleased and honored to have your support as we continue our work.

Sincerely,  
The Staff of Family Service of Napa Valley

## ***We've Expanded!***

Although our administrative offices remain in our Franklin Street home, our clinical offices have moved. Counseling, therapy, and group therapy services have relocated to:

1700 2nd Street(Lehman Building), Suite 200  
Robert Lewis Stevenson Plaza



## ***Family Service selected to the 2015 Napa Valley Give!Guide Nonprofits***

We are excited to be selected for the 2nd year in a row to participate in the Give!Guide. Focusing its efforts on new donors and those who might not yet see

themselves as philanthropists, the Give!Guide has become a resource for those who seek to support good work done locally.

Listed below are all of the nonprofits selected for 2015.

NRRC - Napa Recovery Resource Center

Napa Circles Initiative

Canine Guardians Assistance Dogs

Church Women United Clothing Center

Foster Kids Fund

Girl Scouts - Up Valley Service Unit

Loving Animals Providing Smiles

Molly's Angels of Napa Valley

Napa Bike

Napa Valley Nursery School

Sunrise Horse Rescue

The Table

Wildlife Rescue Center of Napa County

Wine Country Animal Lovers

Aldea Children and Family Services

Big Brothers Big Sisters of the North Bay

Napa CASA, A Voice for Children

Enchanted Hills Camp for the Blind

Girls on the Run Napa & Solano

Napa Valley Educational Foundation

Napa Valley Museum

Solano-Napa Habitat for Humanity

Suscol Intertribal Council

Boys & Girls Clubs of Napa Valley

Boys & Girls Clubs of St. Helena & Calistoga

Community Action of Napa Valley

Community Resources for Children

Cope Family Center

di Rosa Preserve

Family Service of Napa Valley

Moving Forward Towards Independence

Napa County Resource Conservation District

Napa Emergency Women's Services

Napa Valley Child Advocacy Network

Napa Valley Community Housing

Napa Valley Hospice & Adult Day Services

On The Move

Napa Humane

The Pathway Home

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## *Older Adults Program*

### *Family Service Assists Seniors to Overcome Current Life Challenges*

The Older Adults program of Family Service of Napa Valley offers mental health services for seniors throughout Napa County, with sites in Napa and Calistoga.

Seniors are a growing population in Napa Valley who have often been underserved and undertreated for mental health concerns. This population has not traditionally sought out services for themselves - much of the time their depression and anxiety goes unnoticed for years before healthcare providers or others are made aware of their suffering. This program provides much needed mental health services to the Napa Valley.



#### **Eligibility**

65+ with Medicare

60+ with both Medicare & Medi-Cal Insurance

For more information, please contact Catherine Mahler, PhD at 707.254.7538 or Marti Palmer, MFT at 255-0966 ext.16

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## *Our Mission*

Family Service of Napa Valley has been in the community 64 years strong and is the only agency providing bi-lingual, professional mental health services throughout the County to people of every age, stage and income level.

At Family Service we believe equipping our residents with the tools necessary to live emotionally healthy and stable lives; creates a community of enduring strength.

Each day our staff of clinicians works to counsel, support and coach those who need help overcoming the hurdles that life can throw at all of us. Everyone needs a little support at times and without us, people throughout the valley may needlessly suffer in silence.

If you are in need of help, Napa Residents can call Family Service's bilingual intake coordinator, Marissa Martinez at 707.266.1467.

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