

Dear friends of Mentis,

Tis the season of giving, and Giving Tuesday is tomorrow! Now in its fourth year, Giving Tuesday is a global day of giving fueled by the power of social media and collaboration. Observed on the Tuesday following Thanksgiving and the widely recognized shopping events Black Friday and Cyber Monday, Giving Tuesday kicks off the charitable season, when many focus on their holiday and end-of-year giving.

As you may know, we are fortunate enough to be a part of the Napa Valley Give!Guide. Focusing its efforts on new donors and those who might not yet see themselves as philanthropists, the Give!Guide has become a resource for those who seek to support good work done locally. This year we have the added incentive of a \$2000 matching grant from The Doctors Company, an incredible opportunity and generous gift. We have raised \$600 so far through the Give!Guide, so you can still help us reach that \$2000 goal! Simply click the link, and choose Mentis as your recipient.

www.napavalleygiveguide.org

Be a part of the global collective power of Giving Tuesday, and give support to members of your community that experience some of their biggest challenges during the holiday season. While the year is winding down for many, our therapists are gearing up for one of their busiest seasons. Your generosity helps our therapists provide life-saving services to our community. Every dollar

helps.

Thank you for your continued support of Mentis,

The Staff of Mentis, Napa's Center for Mental Health Services

www.mentisnapa.org

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