



# Mentis Newsletter

March 2016



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## Greetings!

Mentis: Napa's Center for Mental Health Services announced today it raised \$100,000 at their 5th Annual World of Wine fundraiser held at Opus One Winery on March 12th, 2016. The proceeds will be used to support expansion and growth for the agency. They provide bi-lingual professional mental health services to people of every age, stage and income level, and specialize in trauma informed care.

Mentis' Trauma Program is a strength-based framework that is grounded in an understanding and responsiveness to the impact of trauma for the residents of the community. From intake through discharge, they provide a safe environment to meet the unique needs of survivors and avoid inadvertent re-traumatization. This model of service is designed to meet the mental health needs of people along the continuum of trauma and stressor related disorders.

"I am so proud of the work that Mentis has done to increase their accessibility in our community," said Board Member Christopher Barefoot and creator of World of Wine. "By working with so many other non-profits, they have extended their reach throughout Napa County. When we started the fundraiser 5 years ago, we were so pleased to raise almost \$25,000 and this year's \$100,000-total demonstrates growing community support and ensures the breadth of services that are so badly needed."

To date, the World of Wine fundraiser has raised more than \$250,000 to support the delivery of mental health services to Napa County residents..

"For 65 years, as the oldest nonprofit in Napa County, we have continuously delivered mental health services to residents in the community through our clinic, our local partners, in the schools and in the hospitals," said Rob Weiss, executive director of Mentis. "The success of our annual fundraiser ensures we can continue this effort on behalf of the community."

## About Mentis

For over 65 years, Mentis: Napa's Center for Mental Health Services (formerly Family Service of Napa Valley) has been dedicated to the emotional health and wellness of our community through accessible and affordable mental health services. They are the only agency in Napa County that provides professional counseling to individuals, couples, and families of all ages, in both English and Spanish, as well as supportive housing for mentally disabled adults. Their programs serve over 600 people each year, spanning the age, ethnicity, geographical location, and economic status of the local population. - See more at: <http://mentisnapa.org>.

## Honorary Co-Chair Brandon Staglin

For our 5th annual World of Wine Fundraiser we were honored to have Brandon Staglin, Communications Director of IMHRO speak about his personal history with schizophrenia.





### Honorary Co-Chair District Attorney Gary Lieberstein

We are grateful for Gary's third year with supporting World of Wine sharing his personal family story dealing with mental illness and as our M.C. for the fund a need.

He works tirelessly on behalf of many mental health organizations to help advocate and create community awareness about the mental health services available for residents.



Sandra Call Sultan, Dr. Craig Sultan-The EyeWorks, Elizabeth Healy, The Doctors Company, Belia Ramos, City Council American Canyon

### Sponsors + Donors

We could not have achieved our most successful fundraiser, raising \$100,000, without the following businesses, organizations and individuals.

Our Community of Enduring Strength continues to get deeper and wider with supporters, and we are so very grateful to each and every one of you and for all of your support for Mentis.

Thank You!

Presenting Sponsor:



Leadership Sponsors:



Champion Sponsors:

Christopher Barefoot & John Henry Martin, ELA Consulting, First 5 Napa County, Fred Kayne, Mechanics Bank, Sandy West Fund, SideStreet Cigar

Supporter Sponsors:

Bank of Napa, Dr. Geni Bennets & Dr. Patricia Tuck, The EyeWorks, Sarah Moore & David Begler, Mel & Dave Priemesberger, Queen of the Valley/Care Network, Laura Webb, WestAmerica Bank

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## Our Mission

Mentis: Napa's Center for Mental Health Services has been in the community 65 years strong and is the only agency providing bi-lingual, professional mental health services throughout the County to people of every age, stage and income level.

At Mentis we believe equipping our residents with the tools necessary to live emotionally healthy and stable lives; creates a community of enduring strength.

Each day our staff of clinicians works to counsel, support and coach those who need help overcoming the hurdles that life can throw at all of us. Everyone needs a little support at times and without us, people throughout the valley may needlessly suffer in silence.



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