



Make Waves With Us

News About the Mentis Wellness Campus

Welcome!

Welcome to the first issue of our new dedicated newsletter about our new [Wellness Campus](#)! Today, we are honored and grateful to launch a public capital campaign to raise the final \$1 million we need to open our doors. Read on to learn more about this exciting new step in our future and how you can get involved. And, watch your inbox for a new issue every month to stay up to date with our construction progress, the amazing neighbors who are making this work possible, and all the exciting programs and activities we have planned for the new space!



Tour the Wellness Campus!

Join us for a first look at our brand-new Wellness Campus! During our thirty-minute tour, you'll learn more about our big vision for a new approach to community-based mental

healthcare, hear all about how this new hub will improve lives in Napa Valley, and discover ways to get involved.

Tours are offered every Friday at 4.30pm. [Please sign up for one of our upcoming dates here.](#)



The Vision

At Mentis, we know that there is no "one size fits all" approach to mental health. The Mentis Wellness Campus will have over 12,000 square feet, allowing Mentis to expand our programming and reach new people. But even more importantly, the Wellness Campus realizes a new vision for community-based mental healthcare: a vision that offers a full continuum of services, invests in the preventative programs that build resilience and strength, and reaches broadly to ensure access for

everyone.

Get Involved

A project like this could happen only in Napa County. Because in Napa, we're surrounded by a strong network of mental health advocates including our school districts, city and county governments, partner organizations, and **individual neighbors like you.**

Today, we invite you to make waves for our community's wellbeing. **Get involved by visiting rippleeffect.mentisnapa.org.**

P.S. Donate sometime this week and we'll share a sneak peak of construction!





Every day, our staff and clinicians educate, support and inspire people to take charge of their mental well-being. With programs ranging from prevention to treatment, we're here to make sure our community's mental wellness flourishes.

[**Support the Wellness Campus Today**](#)

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[Mentis Napa's Center for Mental Health Services](#)

1272 Hayes St Napa, CA 94559