



Make waves with us

News About the Mentis Wellness Campus

Get involved today by visiting
rippleeffect.mentisnapa.org

A New Vision for Mental Health

Nestled off the corner of Hayes Street, among a grove of Redwood trees, you'll find the Mentis Wellness Campus. There are many remarkable things about this building. It's more than three times bigger than Mentis' previous spaces, allowing us to better meet community demand for services. For the first time, the entire Mentis team is under one roof, allowing us to work more efficiently and seamlessly together. But the most remarkable thing about the Mentis Wellness Campus is the idea it represents: **we're working to create a new vision for mental health**, one that is rooted in community and access.



Learn more about the Wellness Campus and how to get involved by reading through this email!



"And the Work Continues."

Earlier this week, Mentis was the focus of articles published by the [Napa Valley Register](#) and the [Press Democrat](#). Changes and uncertainties at the federal level have impacted states, counties, school districts, and nonprofits like Mentis. But we've been serving this community for over 75 years, and have no plans of stopping now.

Programming Begins at the Mentis Wellness Campus!

For years our Prevention programs have relied on borrowed spaces like churches, school gyms, and even staff member's living rooms! So we're thrilled to **begin hosting prevention programs at the Mentis Wellness Campus!** Now that we have our own space for the first time, we're starting a peer support program for teens. They'll be able to visit the campus and talk to a trained peer counselor in a safe, private location. And soon, Mentis will host a series of listening sessions to ask the community what sorts of events and programs they'd like to see at the Wellness Campus. **Stay tuned for more!**





Make Waves at the Mentis Wellness Campus!

The reception of our annual fundraising gala, Blue Skies Ahead: Making Waves, will be held on April 26, 2025! For the first time ever, **the event will be held at our brand new Mentis Wellness Campus.** Featuring live music, a self-guided tour of the Wellness Campus, an interactive art activity, food trucks, and more, this is a fête you won't want to miss! [Buy your tickets today by clicking here!](#) Even if you can't attend the event in person, the silent auction will be open online during the week prior the event!

[Click here for tickets.](#)

Double Your Impact Today!

Ready to make an impact? [Donate to the Ripple Effect today](#) and double your impact thanks to TJ Shushereba, who is generously matching donations up to \$25,000!

Each of us is like a pebble in a pond: our positive actions ripple outward to uplift not just ourselves, but our neighbors, too. And when all of us push those ripples out into our community, we make waves. When people like us come together, that's when we have the power to create resources that make people feel supported, included, and heard.

The logos for Mentis and The Ripple Effect are displayed at the top left of the section. The Mentis logo features three yellow dots above the word 'mentis'. The Ripple Effect logo is a yellow circle with the words 'THE RIPPLE EFFECT' inside.

"My late wife, Jenn Gonzales Shushereba, cared passionately about mental health awareness. This passion has now been passed along to me, and my goal is to honor her legacy with action. The incredible work that Mentis is doing allows those in need to receive the care they deserve. Please consider making a donation and your amount will be doubled up to \$25,000. Let's get out there and do some good!"

A headshot of TJ Shushereba, a man with a beard and short hair, smiling.

-TJ Shushereba

rippleeffect.mentisnapa.org

[Join the Ripple Effect Today.](#)



Every day, our staff and clinicians educate, support and inspire people to take charge of their mental well-being. With programs ranging from prevention to treatment, we're here to make sure our community's mental wellness flourishes.

[**Support the Wellness Campus Today**](#)

[Unsubscribe](#)

[Mentis Napa's Center for Mental Health Services](#)

1272 Hayes St Napa, CA 94559

